



Winter 2014

# GROWTH

Volume XXIX

## NEWSLETTER OF THE INSTITUTE OF ST ANSELM

### Christmas — The Feast of Gratitude

Gratitude is the sign of true Christians, who never forget what God has done for them in Christ. This feeling of gratitude animates their whole being and all their activities. It is the foundation of evangelization.

A French proverb states: "Gratitude is the heart's memory." Christmas reminds us of God the Father's gift to us humans: His only Son, Jesus born of the Virgin Mary. Jesus is the greatest gift for all people. The infinitely perfect God became incarnate. This God-Man is the ideal of humanity.

Unlimited Goodness, Infinite Beauty, eternal Truth, God not only became man, our companion and our model, He also wanted to die for us on the Cross, to become food for our souls in the Eucharist and our reward in Heaven. Can anyone imagine greater love than this, a total giving of Himself?

We had alienated our ourselves from God, and were living a life of estrangement from Him and ourselves. Being alienated from God means being alienated from being a true human being, since our fundamental relationship is the relationship with God, who is our Creator and we are His creatures. It is in accepting and living this basic relationship that people can find their fulfilment, their true goal and their destination.

The Son of God became a human being to fulfil the will of His Father. This was the most important task for Him. He showed us in His way of living, acting, teaching how we can find ultimate happiness in our lives. We, too, are called to fulfil the will of God.

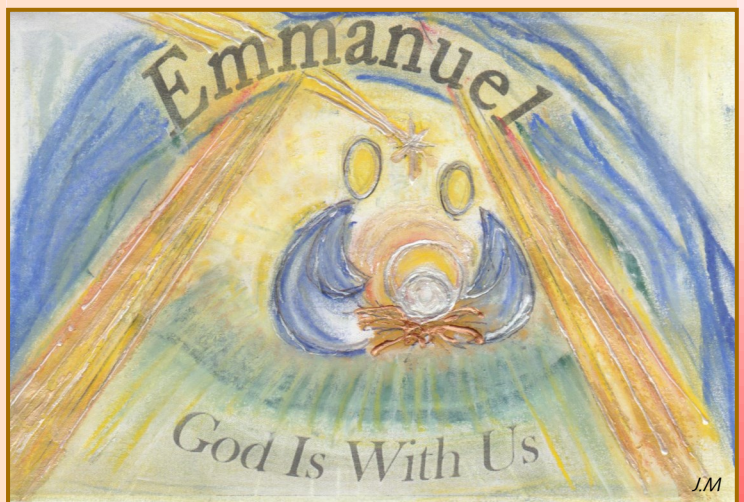
For showing us the way back to God, to our true fulfilment and happiness, we are deeply grateful to Him. What happened to humankind as a whole happens to each one of us. In one way or another we are all estranged from God, our Father. We are all sinners.

God in His mercifulness has given us the sacraments which take us out of our alienation and bring us back to the Source of all life, to God.

We can ask ourselves: "What are my areas of alienation from God? How can I better fulfil God's will in my life?" Surely, if in our confession of alienation from God, we experience His mercifulness and forgiveness, we will be spurred from within to praise and thank God Our Father.

We at the Institute of St. Anselm have enormous reason to be grateful to God for all the healing, growth, forgiveness, and reconciliation which has taken place over the last 30 years for hundreds if not thousands of participants. For me personally, and for other staff who accompanied people on this psycho-spiritual journey, it was often an "aha experience", a mystical experience to be part of major breakthroughs in people's lives from alienation from themselves and God to liberation and freedom in God, the Father.

*Continued overleaf* →



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For these many graces which God bestowed on us, we want to give praise and thanks to God particularly during this year, the 30th since the foundation of the Institute.

We also want to express our gratitude to the late Cardinal Basil Hume, our Founder President, for his extraordinary support and belief in setting up the Institute, showing enormous interest for its work and particularly for me.

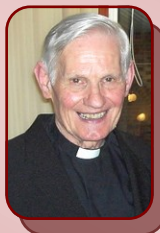
Several times at a Concluding Mass after a Year's Course, he said: "There is a handful of people for whom I pray daily and Fr Kofler is one of them." This gave me great courage in developing the mission of the Institute of St Anselm..

My special gratitude goes also to all the staff, participants and benefactors, without whom the Institute would not exist.

Now I feel lighter being aware of the Latin Philosopher Seneca's saying: "He who receives a benefit with gratitude repays the first instalment of his debt."

Wishing you all a grace-filled Christmas and God's many blessings for the New Year 2015.

**Len Kofler**  
Director



**FR ANTHONY CHANTRY**  
GENERAL SUPERIOR OF  
MILL HILL MISSIONARIES

The following homily was given by **Fr. Anthony Chantry**, to participants who graduated on 4<sup>th</sup> June, 2014 at the Institute of St. Anselm, in Cliftonville. These participants, from twenty different nationalities, had just completed their nine months or six months' programmes.

**NEW  
WINE ...**

'If you want to produce a truly good wine, one that will excite your sense of smell and explode with flavour when it hits your palate, then long before grapes are picked and pressed the vine needs to be challenged and cared for. The vineyard can teach us much about our human growth into what God intends us to be.

Really fine wine usually comes from grapes that have come from a vine that struggles. The greater the struggle, the finer the wine. Vines grown on rich, fertile land will produce great quantities of very mediocre wine of superficial character.

Vines growing on rough and rocky hillsides must sink their roots deep into the relatively poor soil in order to find the life-giving nutrients. There will be fewer grapes and therefore a lower volume of wine produced but what potential there is for the Master Winemaker to create something very special!

The fruit we bear in our own lives is directly related to the way we struggle to be authentic in meeting life's serious challenges. The Christian narrative is full of exemplars. Mary, Mother of the Lord, responded to her scandalising pregnancy with the life-giving "yes" to God that changed the world. Peter's denial of Christ led him to discover the life-changing forgiveness of God and changed the course of history. St Paul, struck down by his own consummate guilt and blinded by God's love, changed from self-righteous persecutor to model missionary. The struggles of these disciples have produced a rich harvest for us all.

Like the vine, our struggle to grow has the potential to bear the finest fruit: a crisis of faith may lead to deeper faith; poor health or bad luck may help us discover what is really important in life; and sin can make us humble, non-judgemental and forgiving. Vines, precisely because they are vines, need support. Various shaped trestles are employed to support the vines and keep them healthy while they soak up the sun's rays, and are washed by gentle showers and brushed by cool breezes. Our journey of growth is a joint venture. We need each other to grow and the great call to holiness and wholeness is only achievable when we affirm each other in our strengths and support each other in our weaknesses.

Correct pruning of the vines always leads to growth. Once the fruit is harvested, the dying leaves and branches are cut back to mere stalks; the deep roots remain secure as they are now locked into the terrain ready to provide fresh fruit in due season. If we are to continue to bear good fruit, then we must allow God, through human agency, to cut away from our lives all that prevents us from growing in God for others. The dead wood of arrogance, harshness, judgementalism, roughness, ingratitude, impatience and bitterness will then give way to fresh young shoots of humility, kindness, compassion, gentleness, thankfulness, patience and joy. Be warned: pruning is a painful process and while the vine may not feel it, we do!

The Institute of St Anselm is a very effective and indeed beautiful vineyard and has produced countless harvests of missionary disciples including all of you at the Graduation Mass.

You have struggled to find what gives you true life; what nourishes you and makes you grow strong. You have supported each other and been encouraged by professional and caring staff. You have discovered the gift of loving friendship with each other as a vital support for growth. The pruning may have been painful yet we cannot grow without it, and the skilled hand of the vine-dresser is gentle.

Now you are ready for the next stage of your life of missionary discipleship. God has chosen you, you did not choose him. He loves each of you deeply, uniquely, beyond measure, and challenges you to abide in his love. He sends you out into the world to reach out to those in need of the joy that the Gospel brings.

May your roots run deep into the mystery of God. May your pruning be gentle and life-giving. May you find the support you need to live as missionary disciples of the Lord: loving, serving, thanking, and bearing fruit in abundance!

**Rev. Anthony Chantry MHM**



*Graduation Celebration  
June: 2014*



*MC: FR WIJNAND HUIJS WELCOMES PARTICIPANTS AND GUESTS.*



*MAIN CELEBRANT: FR ANTHONY CHANTRY FLANKED BY FR JOHN MCCLUSKEY (R) AND FR LEN KOFLER (L)*

**...FRESH WINE SKINS**



*READERS:  
FR ALBERT SCHEMBRI  
SR ASIA MISIAK  
MISS KAREN CONNOR  
SR MUENI MUSYOKA  
GUITARIST:  
SR MARIA HOLLY*



*SR MARY GORETTY (ABOVE) INTRODUCES THE GRADUATION CEREMONY.*



*AMONG THOSE GRADUATING:  
Sr Vui Nguyen Thi  
Sr Joyce Oluoch  
Fr Joseph Musendami  
Fr Tony Didongo  
Sr Doreen Zammit Satariano*

*PARTICIPANTS:  
SRS CECILIA BARK AND FABIOLA PAK (GREY HABITS)  
WITH STAFF MEMBERS: L- R:  
SR MARY GORETTY OCHIENG,  
SR MARCELLINA AKELLO,  
SR MARION HENDRICKS AND  
SR THERESE GARMAN.*



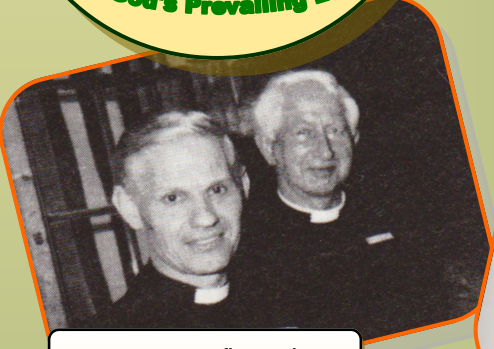
*PARTICIPANTS AND GUESTS ENJOYING A CELEBRATORY DINNER*



**1984 - 1985**



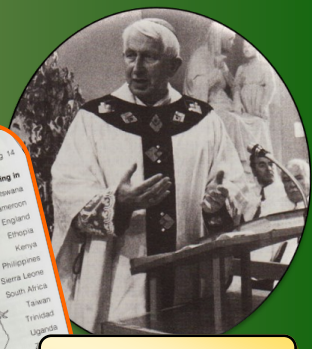
**PARTICIPANTS OF THE FIRST COURSE: 1985**



**Fr Len Kofler and Cardinal Basil Hume :1984**

"I remember in 1984 Father Kofler first mentioned to me the idea of the Institute of St. Anselm. There are some things that when you first hear them, ring true and I said to Father Kofler, you are absolutely right with this idea. Do it, and think of all the practical problems afterwards." So said His Eminence, Cardinal Basil Hume, O.S.B., Cardinal Archbishop of Westminster.

**1986 / 1987**



**CARDINAL BASIL HUME AT CLIFTONVILLE 1986**

## The first in Britain . . .

Fr. LEONARD KOFLER, M.H.M., Director, describes the aims and work of the new Institute of St. Anselm.

The Institute of St. Anselm, which opened in Mill Hill on Monday, 14th October, 1985, is the first of its kind in Great Britain — and has been warmly welcomed by many congregations who have had, until now, to send members to America or Rome for specialised formation courses.

The Institute opens with 34 students from all over the world, from America, England, Holland, Ireland, Italy, Kenya, Germany, Scotland, South Africa, Sri Lanka, Sweden, Thailand and Zimbabwe.

Several have recently returned from missionary work, in such countries as Botswana, Kenya, Philippines, Trinidad, etc. There are 14 priests and brothers and 19 sisters.

The participants have come together as prospective Rectors, Novice Masters/Mistresses, Superiors and Leaders to prepare themselves to meet the challenge of their important work.

The students, from these different cultures and countries, will live in community for the year. They will study, recreate, and above all pray and celebrate all aspects of the liturgy together. This multi-cultural experience will be an enrichment as they reflect upon relationships and community living, sharing their experiences. They will gain greater understanding of each other learning to be sensitive to the various needs within the group.

Experts from the different fields of psychology and spirituality will provide the necessary stimulus and information for a better and deeper understanding of human growth and development of the whole person.



**PARTICIPANTS IN THE NEW LECTURE ROOM: HOLLAND HOUSE. (1987)**

**1988 / 1989**



**Bishops at a Renewal Course 18 Indian Bishops with 50 others: priests, sisters and lay people - spanning 5 continents—attended a course. (1990)**



**1990 - 1992**

**By 1991, 350 Participants had received a Diploma at St Anselm. Community Groups were introduced.**

**In 1992 there were 88 Participants from 30 nationalities and a staff of 16, adding 2 more nationalities. There were 49 Sisters, 30 Priests and 9 Brothers.**



**PRESIDENT**  
His Eminence Cardinal Basil Hume O.S.B  
Cardinal Archbishop of Westminster

**TRUSTEES**  
Rev. L. Kofler MHM  
Very Rev. Hilary Clark SDS  
Rev. Hans Stampfer MHM  
Sr Brigid Cantwell  
A. Michael H. King Esq

**DIRECTOR**  
Rev. L. Kofler MHM, DD., D.Soc., Ph. D.

The Institute of St Anselm is involved in improving relationships by training leaders and formation personnel. As regards taking the Institute into the future, after much thought, prayer and discernment, the following decisions have been implemented:

1. Involving former participants in the work;
2. Involving retired people in this work;
3. Starting a Congregation which has as its charism, the work of training people for and in relationships based on the model of the Blessed Trinity. (1994)

**1994 - 1999**



*Fr Len's Earliest Lectures:*  
 1. *Relatedness to Self*  
 "How positive or negative is my self-communication? Do I have a strong Destructive Critic in myself? Do I allow it to rule and ruin my life or do I tackle it critically?" (1996)

2. *Jesus the Authentic Lover*  
 Love is never out of date. It is always relevant to people's most basic needs at whatever epoch in history. There will be millions of people who search for someone who truly loves them. (1997)

Sr Eileen Plunkett, Fr Len Kofler and Miss Thalia Slinn. Sr Eileen says goodbye after serving the Institute for 12 years. (1999)

**2000 - 2003**

**THREE REGISTERED CHARITIES**



*CHOREO "To make a place in your heart"*  
 A REGISTERED CHARITY (20/01/98) ←

A world-wide accreditation organisation for counsellors, psychotherapists, psychologists, supervisors, consultants and researchers incorporated on 10/09/97. CHOREO makes space for association, collaboration, interaction and research across disciplines, orientations and cultural divides, offering an independent forum with accreditation.

*WMR (WORLD MOVEMENT FOR RECONCILIATION):*  
 A REGISTERED CHARITY ←

The WMR was an initiative by Fr Len Kofler and Sr Therese Garman launched in 2000 to promote worldwide peace and reconciliation. Every year a workshop on Conflict Resolution is conducted by Fr Len Kofler, Sr Mary Goretty Ochieng and Fr Wijnand Huis where the following areas are dealt with:

- ◆ Viewing conflict from different perspectives
- ◆ The key ingredients for a collaborative approach to handling conflict
- ◆ Appropriate assertiveness
- ◆ Working towards authentic power and self-empowerment
- ◆ Culture and Conflict.

*EQ Bodywork:*  
 A REGISTERED CHARITY (13/11/08) ←

Fr Len Kofler and Miss Thalia Slinn developed a new form of therapy called Integrative Emotional Therapy - more commonly known as EQ Bodywork - which forms a vital component of courses offered. Workshops are held quarterly for participants and as independent courses for priests, sisters, brothers and lay people.

*A Letter from Sr Scholastica (extract)(Tanzania)*  
 "...There is something beautiful in each one of us, that I discovered through sharing of our life experiences, for which I continue to marvel at God! Thank you for fostering that in me." (2000)

"...May what is beginning in Kenya through the A.O.S.K. bring healing to our wounded world, its people and great witness of the Risen Lord. May all those who come to the Institute of St Anselm find new life and meaning in their lives." (2001)

Sr John Bosco, Sr Bibiana, Sr Olivia, Sr Mary Goretty Ochieng, Sr Cecil Imelda, Sr M. Jacqueline, Sr Lucy Mushi, Sr Leocardia Kemunto and Sr Clotilde Kulola.

**2004 - 2006**



Breakfast at St Anselm's: 2004



**HAPPY 70TH BIRTHDAY, LEN! (2005)**

Members of Staff with Fr Len Kofler: (L-R)  
 Claire McGuire  
 Mary McMonagle  
 Fr John McCluskey



DIPLOMA, CERTIFICATE AND SUMMER COURSE

2005



2006



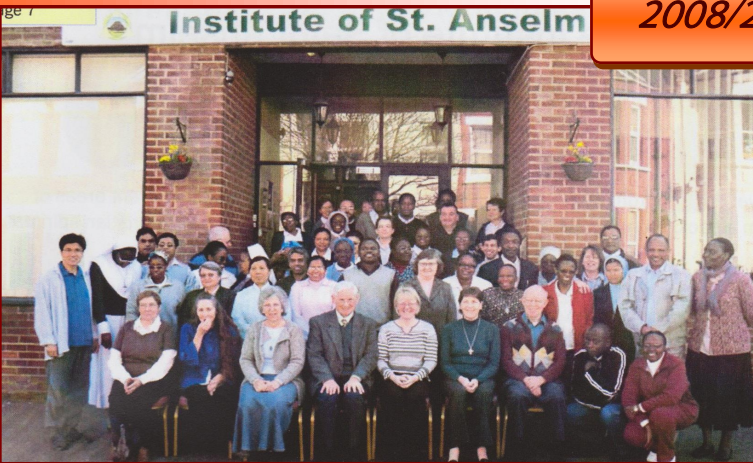
2006/2007



Summer 2008



2008/2009



Summer 2009



2009/2010



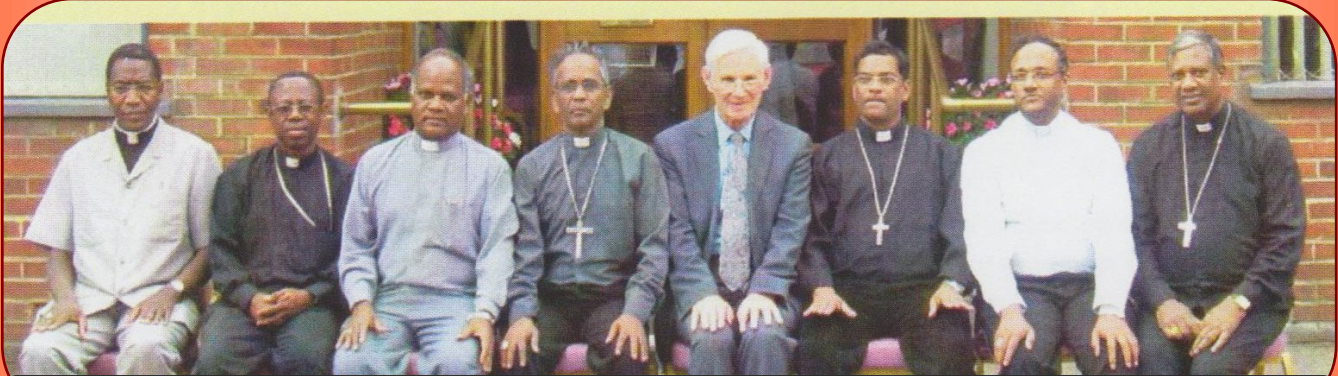
This year's Summer Course - A Full House!

Summer 2010

SIX BISHOPS AND AN ARCHBISHOP ATTEND THE SUMMER COURSE WITH 39 OTHER PARTICIPANTS FROM AROUND THE WORLD.



**SIX BISHOPS AND AN ARCHBISHOP AT THE SUMMER COURSE OF 2010**



*From L—R: Bishop Alfred Rotich, Bishop Peter Atuahene, Bishop Julius Marandi, Archbishop Abraham Viruthkulan-gara, Fr Len Kofler (Director) Bishop Kurien Valiakandathil , Bishop Thomas Pulloppillil, and Bishop Vincent Barwa. Over the years many other bishops have attended courses at the Institute.*



**2010 / 2011**



**Summer 2011**



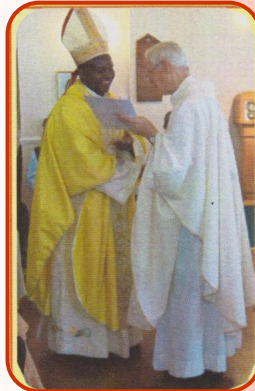
**2011 / 2012**



**Summer 2012**



**2012 / 2013**

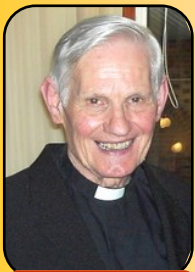


*BISHOP JAMES KUNGU, MAIN CELEBRANT AT THE GRADUATION MASS, SUMMER COURSE 2013, IS AWARDED HIS CERTIFICATE BY FR LEN KOFLER. 2013*

*BISHOP JAMES KUNGU OF KENYA : PARTICIPANT AT THE SUMMER COURSE SEATED AMONG STAFF IN THE FRONT ROW.*



**Summer 2013**



FR LEN KOFLER



MISS THALIA SLINN



FR DERMOT MCCAUL



SR MARY GORETTY OCHIENG



SR THERESE GARMAN



SUMMER COURSE STAFF, TEAM & PARTICIPANTS JULY/AUGUST 2014



MISS CLAIRE MCGUIRE



FR JOHN MCLLUSKEY



FR WINAND HUIJS



SR BRID KENNY



"CANA" COMMUNITY



"BETHLEHEM" COMMUNITY



"CAPERNAUM" COMMUNITY



SR JUDITA MIHELICIC



"GALILEE" COMMUNITY

2014 / 2015 PARTICIPANTS IN THEIR MULTI-CULTURAL COMMUNITIES.



"NAZARETH" COMMUNITY



SR MARCELLINA AKELLO



THE TEAM COMMUNITY

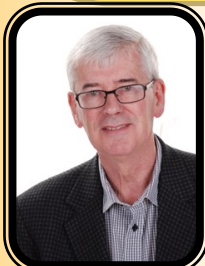
We are deeply grateful to our Guest lecturers for their sterling collaboration, dedication and loyal service over the years. (Pictured below)



MR JEREMY ROWE



MISS PAT GRANT



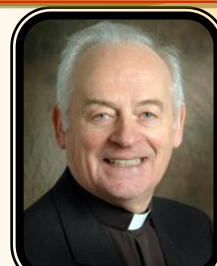
FR DENIS MCBRIDE



MRS G. WILBERG



SR MARGARET TAYLOR



FR JIM MCMANUS



SR MARION HENDRICKS



# DIPLOMA YEAR: 2013 / 2014

JUNE 2014



*Diploma Year students together at Canterbury Crypt following Holy Mass with Staff and Team members.*



*FR STEPHEN MAGRO OFFERS A VOTE OF THANKS TO FR LEN AFTER HIS FINAL LECTURE AT THE END OF THE DIPLOMA YEAR.*



**ORDINATIONS OF PARTICIPANTS:**  
*FR MARTIN MIKUSKIEWICZ WAS ORDAINED AS A CAPUCHIN PRIEST ON 25 JANUARY 2014. THIS MOMENTOUS OCCASION WAS ATTENDED BY THE STAFF AND PARTICIPANTS. THE PRIESTS ON THE COURSE - INCLUDING STAFF MEMBERS - CONCELEBRATED AT THE ORDINATION.*  
*FR LEN KOFLER (RIGHT) AT THE LAYING ON OF HANDS. CONGRATULATIONS, FR MARTIN!*  
*ON 11TH JUNE 2012, THE ORDINATION TOOK PLACE OF FR SIMON GILLESPIE, A FORMER PARTICIPANT, FROM THE DIOCESE OF NOTTINGHAM WITH BISHOP MALCOLM AS THE MAIN CELEBRANT.*



*DEACON HERMAN SCHAEPMAN, A FORMER PARTICIPANT, WILL BE ORDAINED AS PRIEST ON 30 MAY 2015 IN THE BASILICA OF ST JOHN'S IN HERTOGENBOSCH, THE NETHERLANDS. STANDING WITH CARDINAL JAMES HARVEY AFTER HIS ORDINATION TO THE DIACONATE IN ROME. (LEFT)*

**BOARD OF TRUSTEES**  
*Sr Sheila Maloney (chairperson)  
Fr. Len Kofler, Miss Thalia Slinn,  
Mr Phil Goodlace,  
Fr Dermot McCaul and Mr Mike Rider*



**THE ADVISORY BOARD**  
*FR LEN KOFLER, MISS THALIA SLINN,  
FR PAUL MASON,  
FR LUKE SMITH AND MRS SHEILA CONNELLY*

## IN MEMORIAM

*WE COMMEND TO THE LORD ALL THOSE WHO HAVE DIED OVER THE PAST 30 YEARS, ESPECIALLY THOSE WHO HAVE SERVED THE INSTITUTE OF ST ANSELM. WE REMAIN EVER GRATEFUL TO THEM, MAY THEY REST IN PEACE.*



## SOME OF THE MEMORABLE EVENTS OVER THE YEARS



QUARTERLY SOCIAL EVENINGS ARE HELD FOR COMMUNITIES TO PRESENT THEIR ITEMS. EVERYONE PARTICIPATES, BRINGING JOY AND LAUGHTER TO THE AUDIENCE. STAFF MEMBERS ALSO PERFORM. EVERYONE JOINS IN WITH THE SINGING OF "SALVE REGINA" TO MARK ITS CLOSE. PARTICIPATION IN COMMUNITY CHORES IS PART OF THE PROGRAMME.



CULTURAL DAYS IN THE INSTITUTE INVOLVE SHARING ABOUT THE COUNTRY DURING HOLY MASS AND PERFORMING RITUALS ASSOCIATED WITH THAT COUNTRY. PICTURES OF HISTORICAL FIGURES, FACTS AND STATISTICS, ADORN THE WALLS FOR EVERYONE'S PERUSAL. PARTICIPANTS ENJOY DRESSING UP IN THEIR OWN, OR OTHERS' CULTURAL DRESS.



CLOSE BONDS OF FRIENDSHIPS ARE INEVITABLY FORMED AMONG PARTICIPANTS FROM DIVERSE BACKGROUNDS, AMONG OTHERS: LIBERIA, SLOVENIA, NIGERIA, POLAND, KENYA, MEXICO-AMERICA. AND RWANDA. CULTURAL CELEBRATIONS ARE PARTICULARLY SPECIAL WHEN PRIESTS AND SISTERS POOL THEIR TALENTS TO ENHANCE LITURGIES AND SOCIAL FUNCTIONS. LITTLE SISTERS MARCELLINE AND NKOZI (FAR RIGHT) MET AT THE INSTITUTE DURING THEIR DIPLOMA YEAR.



(Left Picture) Archbishop John Onaiyekan, Fr Wijnand Huijs, Bishop Martin Uzoukwu and Fr Len Kofler in the foyer of the Institute: 2009. Bishop Michael Apochi, from the Diocese of Otukpo, a Summer Course participant with Fr Len Kofler (Pictured right).



THE INSTITUTE HAS THE RESPONSIBILITY AND MISSION TO EMPOWER BOTH RELIGIOUS AND LAITY TO MEET THE NEW DEMANDS IN THE CHURCH.  
*SR SARIAN JULIANA*

SELF-AWARENESS IS THE MOST IMPORTANT PART...  
*FR RUI PEREIRA*

THANK YOU FOR REGULARLY SENDING THE "GROWTH" TO WHICH I LOOK FORWARD AND READ WITH MUCH EAGERNESS. I JUST LOOK AT THE COLOURFUL PICTURES AND REALISE THAT IT WAS AND STILL IS MY HOME. *SR MARY JOAN GOMES.*

THE COURSE IS VERY WELL THOUGHT OUT IN ALL ASPECTS, GIVING A REAL OPPORTUNITY FOR INTEGRATION, GROWTH AND APPLICATION OF LEARNT SKILLS IN A REAL ENVIRONMENT.

THANKS TO ALL THOSE WHO HAVE CONTRIBUTED TO MY GROWTH DURING THE COURSE OF MY STAY IN THE INSTITUTE OF ST ANSELM. YOU WILL CONTINUE TO BE PART OF MY HISTORY.

SINCERE GRATITUDE TO ALL WHO HAVE BEEN INVOLVED IN THIS PROCESS OF THE COURSE. THANKS TO THE TEAM AND STAFF; PARTICULARLY INSPIRING LECTURES DURING THE COURSE.

The Institute offers reconciliation through the integration of the psychological and spiritual to all peoples.  
*Fr Paul Kabba Mansaray*

THE COURSE HAS BEEN A GREAT EXPERIENCE OF MY JOURNEY OF CONTINUED EXPLORING OF MYSELF WITH THE SENSE OF INTEGRATED GROWTH IN ME.

I LOVED THE EXPERIENCE, THE OPPORTUNITY I WAS GIVEN, THE LOVE AND SUPPORT I WAS SHOWN AND SO FREELY GIVEN...I CANNOT THANK YOU ENOUGH FOR WHAT I HAVE RECEIVED AND EXPERIENCED HERE. THANK YOU VERY MUCH!!!  
*MISS ANDREA ORTHOVA*

**Quotes From Former Participants:**

**Three Cardinals - Erstwhile Participants**



*Cardinal Emmanuel Wamala  
Archbishop of Kampala  
Archdiocese,  
Uganda.*



*Cardinal Telesphore Toppo  
Archbishop of Ranchi  
Archdiocese,  
India.*



*Cardinal Olorunfemi Onaiyekan  
Archbishop of Abuja  
Archdiocese,  
Nigeria.*



*The*  
*May*  
*Miracle*  
*Of Christmas*  
*Fill Your*  
*Heart with Joy*



## 2015/2016 Courses

**1SA DIP: Diploma Course 2015** (Tier 4 Visa) £11,450

Human Development, Leadership, Formation  
& Community Building  
29 September 2015 — 1 June 2016 (30 weeks)

**2SA DIP: Diploma Course 2015** (Tier 4 Visa) £11,450

Human Development, Leadership, Formation  
& Community Building  
6 January - 17 December 2015 (30 weeks)

**3SA CERT: 6 Month Certificate Course** (Student Visitor Visa) £9,160

**Human Psychospiritual Development**  
[With Growth Facilitation Skills Training]  
29 September 2015– 17 March 2016

**4SA CERT: 6 Month Certificate Course** (Student Visitor Visa) £8,590

**Human Psychospiritual Development**  
[Without Growth Facilitation Skills Training]  
29 September 2015 – 17 March 2016

**5SA CERT: 12 Week Certificate Course** (Student Visitor Visa) £5,220

In Human Psychospiritual Development and  
Community Building.  
29 September - 17 December 2015

**6SA CERT: 18 Week Certificate Course** (Student Visitor Visa) £7,450

In Human Psychospiritual Development,  
Leadership and Community Building.  
6 January — 3 June 2015

**7SA CERT: 7 Week Summer Certificate Course** (Student Visitor Visa) £3,300

In Community and Pastoral leadership  
28 June - 14 August 2015

**Rest & Relaxation Opportunity** (General Visitors Visa)

Within the dates given above (term time only) No training modules permissible.

**Optional Extras:** One-to-One / or EQ Bodywork at **£15 per session.**

1 - 14 days: **£40 per day**; 15-28 days: **£35 per day** Over 28 days: **£30 per day**

All Fees are inclusive of full board and lodging in ensuite accommodation.

*Those looking for a course who are already in this country on a different visa, consult Management.*

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